

2026 FALL CONFERENCE

Advancements in Therapeutic Interventions for Difficult-to-Treat Disorders: Evidence-Based Pathways to Lasting Change

OCTOBER 9 - 10, 2026 | EMBASSY SUITES | VIRGINIA BEACH, VA

AS UNDERSTANDING OF COMPLEX MENTAL HEALTH DISORDERS HAS GROWN, SO TOO HAVE THE INTERVENTIONS DESIGNED TO HELP PEOPLE RECOVER. THIS CONFERENCE HIGHLIGHTS ADVANCEMENTS IN EVIDENCE-BASED THERAPIES FOR DIFFICULT-TO-TREAT CONDITIONS—ALONG WITH EMERGING STRATEGIES THAT ENHANCE EFFECTIVENESS, INCLUDING TRAUMA-FOCUSED TREATMENT AND ADJUNCTIVE SUPPORTS.

CONFERENCE GOALS: EXPLORE CUTTING-EDGE, EVIDENCE-BASED TREATMENT MODELS FOR DISORDERS THAT HAVE HISTORICALLY BEEN CHALLENGING TO TREAT; ADVANCE CLINICIANS' SKILLS IN IMPLEMENTING THERAPIES SUCH AS DBT, CBT/ERP, EMDR, CPT, AND FAMILY-BASED APPROACHES; DISCUSS WHEN AND HOW ADJUNCTIVE TREATMENTS (E.G., MEDICATION AUGMENTATION, SKILLS SUPPORTS) MAY IMPROVE OUTCOMES; PROMOTE BEST PRACTICES FOR TREATMENT PLANNING, INCLUDING STABILITY OVER TIME AND RELAPSE PREVENTION.

11 HOURS CE CREDIT

Registration

VACP MEMBER - \$295

NON-VACP MEMBER - \$395

EARLY BIRD REGISTRATION DEADLINE:

SEPTEMBER 11, 2026 - AFTER THIS DATE, A \$25 LATE FEE WILL APPLY.

REGISTRATION DEADLINE:

SEPTEMBER 25, 2026

REGISTER ONLINE:



SCHEDULE OF EVENTS

FRIDAY, OCTOBER 9

7:30 am - 8:15 am	Registration, Breakfast and Exhibits
8:15 am - 10:15 am 2 CE Credits	Course 1: <i>Advances in the Assessment and Treatment of Eating Disorders: Evidence-Based Approaches for Clinical Practice</i> Kimberley Coddington, Ph.D., Licensed Clinical Psychologist, Assistant Professor & Assistant Director of Doctoral Program in Clinical Psychology, Regent University Randi Palacios, M.A., Clinical Psychology Doctoral Student, Regent University
10:15 am - 10:30 am	Break
10:30 am - 11:30 am 1 CE Credit	Course 2: <i>A Psychoanalytic View of Cognitive Disruptions Interfering with Treatment</i> Steven F. Waranch, Psy.D., PLC, Virginia Beach
11:30 am - 12:45 pm	VACP Lunch and Business Meeting (VACP Members Only)*
1:00 pm - 3:00 pm 2 CE Credits	Course 3: <i>When Skills Are Not Enough: Rethinking Treatment for Body-Focused Repetitive Behaviors</i> Courtney Ferenz, Psy.D., Clinical Psychologist; Laura Hope, PA-C, BFRB Coach
3:00 pm - 3:15 pm	Break
3:15 pm - 5:15 pm 2 CE Credits	Course 4: <i>Introduction to the Cognitive Behavioral Analysis System of Psychotherapy for Persistent Depressive Disorders</i> J. Kim Penberthy, Ph.D., ABPP, Department of Psychiatry & Neurobehavioral Sciences, University of Virginia School of Medicine and Health System
5:15 pm - 6:15 pm	VACP Member's Reception
6:15 pm	Dinner on your own

SATURDAY, OCTOBER 10

7:30 am	Registration
8:00 am - 9:00 am 1 CE Credit	Breakfast and Course 5: <i>Cognitive Processing Therapy (CPT) to Treat PTSD: Lessons Learned from working with Veterans, Military Service Members and Civilian Populations</i> Jennifer Kasey, Psy.D., Licensed Clinical Psychologist, Redirection Counseling Services, LLC
9:00 am - 9:15 am	Break and Hotel Check Out
9:15 am - 11:15 am 2 CE Credits	Course 6: <i>Exposure and Response Prevention 101: Implementation of Evidence-Based Strategies for OCD</i> Bob Falk, Ph.D.
11:15 am - 11:30 am	Break
11:30 am - 12:30 pm 1 CE Credit**	Course 7: <i>Protecting What We Measure: Updated Guidance on Psychological Test Security and Professional Ethics</i> Edward A. "Ted" Peck, III, Ph.D., Neuropsychological Services of Virginia Jeremy Walden, Psy.D., Dougan and Walden Wellness, PLLC

*Pre-registration required

**Denotes ethics credit

COURSE DETAILS

COURSE 1: ADVANCES IN THE ASSESSMENT AND TREATMENT OF EATING DISORDERS: EVIDENCE-BASED APPROACHES FOR CLINICAL PRACTICE

2 hours CE credit

Anna S. Ord, Psy.D., Licensed Clinical Psychologist, Dean & Associate Professor, Regent University

Randi Palacios, M.A., Clinical Psychology Doctoral Student, Regent University

This 2-hour workshop provides an evidence-based overview of eating disorders, with emphasis on diagnostic assessment, case conceptualization, and treatment planning in clinical practice. Content will review current diagnostic criteria and clinical features of anorexia nervosa, bulimia nervosa, binge-eating disorder, and other specified feeding or eating disorders. The workshop will examine biological, psychological, behavioral, and sociocultural factors associated with the development and maintenance of eating disorders. The presentation will also examine protective factors, including family connectedness, social support, resilience, self-compassion, adaptive coping skills, and other strengths-based factors associated with improved treatment outcomes and reduced relapse risk. Evidence-based psychotherapeutic approaches will be reviewed, including cognitive behavioral therapy for eating disorders (CBT-E), family-based treatment (FBT), and dialectical behavior therapy (DBT) interventions. The presentation will also provide an overview of pharmacological interventions and medication considerations, including the role of selective serotonin reuptake inhibitors and other adjunctive strategies in treatment planning. Participants will review current research related to treatment outcomes, relapse prevention, and barriers to recovery. Clinical case examples will be incorporated to strengthen application of assessment and intervention strategies in outpatient and integrated care settings.

Learning Objectives: 1. Identify the diagnostic features, clinical presentation, and common psychiatric and medical comorbidities associated with major eating disorders. 2. Evaluate evidence-based treatment approaches for eating disorders, including cognitive behavioral therapy, family-based treatment, dialectical behavior therapy interventions, and pharmacological strategies used in multidisciplinary care.

COURSE 2: A PSYCHOANALYTIC VIEW OF COGNITIVE DISRUPTIONS INTERFERING WITH TREATMENT

Steven F. Waranch, Psy.D., PLC, Virginia Beach

1 hour CE credit

This presentation examines disruptions in abstract thinking that interfere with treatment when they arise from psychological conflict, developmental disturbance, trauma, or regression. It traces cognitive breakdown across a clinical spectrum, including schizophrenic concreteness and paranoia, borderline and narcissistic personality organization, and the frozen “zero process” of trauma. The clinical focus is the therapeutic impasse that occurs when patients cannot symbolize experience, reflect on internal states, or use abstract ideas and the therapeutic relationship consistently. Through clinical vignettes, the presentation links these phenomena to early development and integrates psychoanalytic views of schizophrenia, Dorpat’s formulation of inauthentic communication, and Fonagy’s mentalization framework. Attendees will learn ways to help patients move from pre-mentalizing modes toward abstract reflection, epistemic trust, and a more effective therapeutic stance.

Learning Objectives: Attendees will be able to 1. Describe psychoanalytic disturbances in thinking seen in severe psychopathology. 2. Identify and address cognitive regression that contributes to therapeutic impasse.

COURSE 3: WHEN SKILLS ARE NOT ENOUGH: RETHINKING TREATMENT FOR BODY-FOCUSED REPETITIVE BEHAVIORS

Courtney Ferenz, Psy.D., Clinical Psychologist; Laura Hope Hobson, PA-C, BFRB Coach

2 hours CE credit

Body-Focused Repetitive Behaviors (BFRBs), including hair pulling disorder (trichotillomania) and skin picking disorder (excoriation disorder), are often chronic, impairing, and difficult to treat. While clinicians might be familiar with Habit Reversal Training (HRT) and the Comprehensive Behavioral (ComB) Model, a significant number of clients continue to struggle despite understanding and implementing behavioral strategies. These cases challenge clinicians to move beyond symptom-focused interventions toward deeper, individualized case formulation, prompting the question: What do we do when clients know the skills but continue to pull or pick?

Through case examples and clinical discussion, this presentation explores traditional methods of treating BFRBs along with an emerging neuro-affirming, regulation-based approach that shifts the therapeutic focus from behavior elimination to signal interpretation. Special attention will be given to understanding the function of the behavior, identifying obstacles to recovery, and integrating behavioral interventions with broader conceptual frameworks that address the underlying drivers of repetitive behaviors. Attendees will deepen their understanding of specialized BFRB treatment while acquiring practical strategies for immediate use to provide impactful initial support.

Learning objectives: 1. Differentiate between traditional, evidence-based BFRB treatments (such as HRT and ComB) and emerging, integrative frameworks that focus on nervous system regulation and signal interpretation. 2. Integrate standard clinical tools and regulation-focused strategies into general practice to provide immediate, impactful initial support for BFRB clients without requiring extensive specialized training.

COURSE DETAILS

COURSE 4: INTRODUCTION TO THE COGNITIVE BEHAVIORAL ANALYSIS SYSTEM OF PSYCHOTHERAPY FOR PERSISTENT DEPRESSIVE DISORDERS

2 hours CE credit

J. Kim Penberthy, Ph.D., ABPP, Department of Psychiatry & Neurobehavioral Sciences, University of Virginia School of Medicine and Health System

In this introductory session on the Cognitive Behavioral Analysis System of Psychotherapy (CBASP), we will explore the foundational concepts and therapeutic mechanisms that make CBASP a unique and effective approach for treating Persistent Depressive Disorder. Developed by Dr. James P. McCullough, Jr. at VCU, CBASP is distinct in its focus on addressing the specific interpersonal and cognitive patterns that sustain long-term depressive symptoms. This session will cover the theoretical basis of CBASP, highlighting how chronic depression frequently emerges from adverse interpersonal experiences or trauma, leading to learned helplessness, social withdrawal, and impaired emotional regulation. We will discuss how CBASP uses targeted behavioral exercises, situational analysis, and structured therapist-patient interactions to help individuals increase self-awareness, enhance social functioning, and learn new, adaptive responses to interpersonal situations. We will review the three primary components of the system and their unique roles in the treatment approach. Finally, we will review the steps of a primary tool of CBASP called the situational analysis of the coping survey questionnaire and practice implementation in the session.

Learning Objectives: At the end of this session, learners will be able to: 1. Describe the theoretical foundations of CBASP. 2. List the three primary components of the system and their roles in treatment. 3. Demonstrate the tool of CBASP called the situational analysis of the coping survey questionnaire.

COURSE 5: COGNITIVE PROCESSING THERAPY (CPT) TO TREAT PTSD: LESSONS LEARNED FROM WORKING WITH VETERANS, MILITARY SERVICE MEMBERS AND CIVILIAN POPULATIONS

1 hour CE credit

Jennifer Kasey, Psy.D., Licensed Clinical Psychologist, Redirection Counseling Services, LLC

Cognitive Processing Therapy (CPT) is a cognitive-behavioral, evidence-based therapy to treat Post-Traumatic Stress Disorder (PTSD). CPT was initially designed to treat PTSD with veterans and active-duty military service members; however, this approach is also flexible in delivery and applicable for a diverse range of clients. CPT focuses on helping individuals understand the impact of their traumatic experiences on their beliefs about themselves, the world, and other people in the areas of safety, trust, power/control, self-esteem, and intimacy. This treatment approach integrates psychoeducation, weekly practice assignments, and cognitive tools to reframe maladaptive thinking patterns and reduce symptoms of PTSD, increase cognitive flexibility, and improve overall functioning. CPT is a 12-session, structured treatment that equips practitioners with essential skills to challenge and facilitate cognitive restructuring of maladaptive beliefs related to a client's trauma experience. By fostering a safe therapeutic environment, use of psychoeducation, and weekly practice assignments, clinicians can guide service members through the process of confronting and processing their traumatic memories, ultimately promoting emotional healing and resilience. The benefits of using CPT with military populations extend beyond symptom reduction; they include enhanced coping strategies, improved interpersonal relationships, and increased overall quality of life. Furthermore, CPT's focus on empowering clients to take an active role in their recovery aligns with the values of self-efficacy and resilience prevalent in military culture. As such, CPT stands out as an effective intervention for addressing the unique psychological needs of veterans and active-duty service members, contributing to their successful recovery from PTSD and enhanced mental well-being.

COURSE 6: EXPOSURE AND RESPONSE PREVENTION IOI: IMPLEMENTATION OF EVIDENCE-BASED STRATEGIES FOR OCD

Bob Falk, Ph.D., Private Practice

2 hours CE credit

Exposure and Response Prevention (ExRP) is the proven, most effective, first-line psychological treatment for Obsessive-Compulsive Disorder (OCD) in adults, adolescents, and children. Unfortunately, more than 80% of patients with Obsessive-Compulsive Disorder do not receive the recommended therapy for OCD, and many clinicians report uncertainty about implementing it effectively in routine practice. This introductory workshop provides a practical, step-by-step approach to delivering ExRP that clinicians can readily apply in outpatient settings. Participants will learn how to develop an individualized cognitive-behavioral case formulation, distinguish obsessions from compulsions, identify subtle avoidance and reassurance-seeking behaviors, construct effective exposure hierarchies, and design both in-session and between-session exposure exercises. Common implementation challenges—including mental rituals, family accommodation, and treatment nonadherence—will be addressed through case examples and practical problem-solving strategies. The workshop will also review important developments in contemporary ExRP that extend beyond the traditional habituation model. Participants will learn how inhibitory learning principles—including expectancy violation, variability, elimination of safety behaviors, and fostering tolerance of uncertainty—can strengthen treatment outcomes and promote generalization of gains. Throughout the workshop, clinical demonstrations, case examples, and practical handouts will emphasize the "nuts and bolts" of ExRP, equipping attendees with skills and resources they can immediately incorporate into clinical practice.

Learning Objectives: Participants will be able to: 1. Develop an individualized cognitive-behavioral case formulation and exposure hierarchy for patients with OCD. 2. Apply core principles of Exposure and Response Prevention to improve clinical outcomes.

COURSE DETAILS

COURSE 7: PROTECTING WHAT WE MEASURE: UPDATED GUIDANCE ON PSYCHOLOGICAL TEST SECURITY AND PROFESSIONAL ETHICS

Edward A. "Ted" Peck, III, Ph.D., Neuropsychological Services of Virginia
Jeremy Walden, Psy.D., Dougan and Walden Wellness, PLLC

1 hour CE credit**

Psychological test security is not merely a contractual obligation — it is a cornerstone of public safety, diagnostic validity, and professional ethics. This presentation provides clinical psychologists with a comprehensive review of the most recent position statements and policy guidance from the American Psychological Association (APA), Western Psychological Services (WPS), and Pearson Clinical Assessments regarding the protection of psychological test materials, test data, and assessment protocols. Attendees will review the APA's February 2025 Resolution on Protecting Psychological Test Security, Test Validity, and Public Safety, which establishes formal APA policy affirming that access to test materials in both clinical matters and legal proceedings is best preserved when materials are shared exclusively among qualified professionals with legal and ethical obligations to maintain their integrity. The presentation will also examine updated position statements from Pearson (March 2026) and WPS (March 2026), both of which address the significant limitations of protective orders in litigation contexts and the growing risks posed by digital dissemination of secure materials. Key topics include the definitions of test materials, test data, and test results under current APA policy; the impact of coaching and prior exposure on test validity; and practical guidance for responding to attorney demands and court orders. Real-world scenarios will be explored, including how to respond when a parent demands direct access to their child's IQ test questions and responses, illustrating the tension between transparency, parental rights, and the ethical imperative to protect test integrity. Participants will leave with actionable strategies for protecting test integrity while navigating the competing demands of legal proceedings, ethical obligations, and equitable access to psychological services.

Learning objectives: 1. Differentiate the ethical and professional distinctions among psychological test materials, test data, and test results, and apply current APA (2025), Pearson (2026), and WPS (2026) guidance when responding to requests for access in clinical and legal settings. 2. Develop legally and ethically appropriate strategies for protecting psychological test security and validity by evaluating common challenges—including attorney discovery requests, court orders, and parent requests for access to secure test materials—and selecting responses consistent with current professional standards.

****Denotes ethics credit**

VENUE & ACCOMMODATIONS

Embassy Suites by Hilton Virginia Beach Oceanfront Resort

4101 Atlantic Avenue | Virginia Beach, VA 23451

\$249* per night

Call (757) 228-3100 and mention Virginia Academy of Clinical Psychologists or visit www.vapsych.org to make your reservations online.

The deadline for reservations at the discounted rate is September 17, 2026.

*Excluding taxes and fees.

Scan to book online:



SPEAKER BIOS

BOB FALK, PH.D.

Bob Falk, Ph.D., is a licensed clinical psychologist with more than 35 years of experience treating Obsessive-Compulsive Disorder and OCD-related disorders. He conducted a monthly G.O.A.L. support group for individuals with OCD for twenty years. He is a private practitioner, serves as a Clinical Associate Professor in the Department of Psychiatry at Virginia Commonwealth University and is a professional member of the International Obsessive-Compulsive Disorder Foundation. Website: DrBobFalk.com

COURTNEY FERENZ, PSY.D.

Courtney Ferenz, Psy.D. is a licensed clinical psychologist in Northern Virginia and the owner of Dr. Courtney Ferenz, PLLC. She has worked in private practice for the past 15 years, with a focus on treating children, adolescents and young adults with body-focused repetitive behaviors (BFRBs), obsessive compulsive disorder, tic disorders, misophonia and anxiety disorders. Her clinical work focuses on helping individuals and families navigate complex presentations of BFRBs, OCD and related disorders using a combination of evidence-based cognitive behavioral interventions and ACT. She serves as Vice President of the Northern Virginia Clinical Psychologists and as a board member of the Virginia Academy of Clinical Psychologists. She has contributed to articles in the Washington Post, Reader's Digest and several publications on topics related to parenting and mental health. Dr. Ferenz is available through telehealth and has an office in Oakton, Virginia.

LAURA HOPE, PA-C, BFRB

Laura Hope Hobson is a physician assistant in psychiatry and BFRB & habit coach helping change the conversation around BFRBs. Instead of treating picking, pulling, and biting as “bad behaviors” to eliminate, she teaches a regulation-first framework that reveals the habit’s purpose, and uses that insight to create sustainable change (without willpower or shame).

Laura combines years of experience as a mental health clinician with lived experience of trichotillomania and ADHD to offer neuro-affirming support for people who feel stuck with BFRBs and other unwanted habits. She also enjoys creating resources for the BFRB community, including a BFRB Salon & Spa Directory, BFRB-focused guided meditations, and an online support group.

JENNIFER KASEY, PSY.D.

Dr. Kasey is a Licensed Clinical Psychologist with a doctorate in Clinical and School Psychology from James Madison University and a Masters in Community Counseling from a CACREP accredited Counseling Psychology program at James Madison University, as well as a bachelor's degree from the University of Virginia. She has almost 20 years of experience working with people from diverse backgrounds, including Women, Military Service members, Veterans, Talented and Gifted Teens, College students, Athletes, and Leaders. Dr. Kasey has also completed specialized training in PTSD, Anxiety, Yoga, and Couples therapy. She is licensed in TN, VA, and credentialed to provide teletherapy through the APA PsyPact in over thirty-nine states.

Dr. Kasey is also the proud Owner and Director of Redirection Counseling Services, LLC, which is an innovative woman-led telehealth private practice specializing in psychotherapy, career development, and transformative workshops for high-performing professionals, leaders, and young adults. Dr. Kasey provides evidence-based therapy, career coaching, and transformative workshops designed to help clients build resilience, overcome burnout, and thrive—personally and professionally.

Dr. Kasey is also enthusiastic about education and has served with Acquiring Knowledge in Healthcare (AKH) as a content reviewer and faculty contributor since April 2024. She also has over 10 years of experience serving as adjunct faculty at private and public universities such as The Chicago School of Professional Psychology, Vanderbilt University, Tennessee State University, Fisk University, and James Madison University. Dr. Kasey also offers presentations and workshops on issues related to mental health, self-care, and work/life balance and has presented at state and local conferences, guest lectures, hospitals, church organizations, small businesses, and workshops.

ANNA ORD, PSY.D.

Dr. Anna Ord, Psy.D., is a licensed clinical psychologist with training and clinical experience in the assessment and treatment of eating disorders across outpatient, medical, and residential levels of care. During her master's-level internship, she completed a year of clinical training at a residential treatment center specializing in eating disorders. She later completed a major doctoral internship rotation through Eastern Virginia Medical School focused on eating disorders and obesity-related treatment at Sentara Comprehensive Weight Loss Solutions. Additionally, at EVMS her outpatient caseload primarily included individuals with anorexia nervosa, bulimia nervosa, and binge-eating disorder. Dr. Ord has presented on eating disorders at professional conferences and provides training and didactic instruction on eating disorders to psychiatry residents, family medicine residents, and psychology trainees.

RANDI PALACIOS, M.A.

Randi Palacios, MA, is a doctoral student in clinical psychology with clinical experience in the assessment and treatment of eating disorders within outpatient settings. During her doctoral level training, she completed a year of clinical practica at an athletic facility supporting athletes with eating disorders and disordered eating. Additionally, at her other clinical practica sites, her case load included individuals with anorexia nervosa and bulimia nervosa. Randi Palacios has presented on eating disorders to athletic teams, providing training and didactic instruction. Her clinical research interests include multicultural factors associated with eating disorders and interdisciplinary treatment.

EDWARD A. “TED” PECK, III, PH.D.

Edward A. “Ted” Peck III received his MS & PhD degrees from Tufts University and is Board Certified in Clinical Neuropsychology ABPP-Cn. Currently, he is the chair of the Professional Rules & Ethics Committee for the Virginia Academy of Clinical Psychology. He is the Consulting Medical Professional to the 4th Circuit Federal Courts regarding judicial wellness. His full-time private practice (Neuropsychological Services of Virginia) is in Richmond, Virginia. Outside of his professional work, Dr. Peck is a professional photographer.

J. KIM PENBERTHY, PH.D., ABPP

J. Kim Penberthy, Ph.D., ABPP is the Chester F. Carlson Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine, where she conducts research, teaches, and provides clinical care. She received her BA and MA in Psychology at Wake Forest University and her PhD in Clinical Psychology at Virginia Commonwealth University, where she studied under the mentorship of the developer of CBASP, Dr. Jim McCullough. She completed her Fellowship in Behavioral Medicine and Medical Psychology at the University of Virginia School of Medicine in the Department of Psychiatry and Neurobehavioral Sciences. She is a Board Certified licensed clinical psychologist who has been practicing for over 25 years. Dr. Penberthy provides clinical treatment to patients in Psychiatry and the University of Virginia Cancer Center and also works with health care workers at UVA and nationally. She is the Director of the Clinician Wellness Program and Past President of the American Psychological Association’s Society of Clinical Psychology. She is the past president of the International CBASP Society. Dr. Penberthy’s research involves applied clinical work with a focus on treatment of Persistent Depressive Disorder and co-occurring disorders, including CBASP. She has helped develop a group therapy approach using CBASP as well as adapted CBASP for use with co-occurring PDD and Alcohol Use Disorder. She has published extensively and lectures internationally about psychotherapy, CBASP, wellness, and resilience. She has presented her work and research for the World Bank, the United Nations, the American Psychological Association, multiple national and regional health systems and physician groups as well as at international conferences. She has scores of publications in professional journals, books, and book chapters. Her most recent books are “Persistent Depressive Disorders” published by Hogrefe in 2019 and “Living Mindfully Across the Lifespan: An Intergenerational Guide,” which was co-authored with her daughter, Morgan, and published with Routledge Taylor & Francis Group in 2020.

JEREMY WALDEN, PSY.D.

Jeremy T. Walden, Psy.D., MSCP, is a licensed clinical psychologist and managing partner at Dougan and Walden Wellness in Midlothian, Virginia. He currently serves as President of the Virginia Academy of Clinical Psychologists (VACP). His clinical interests center on holistic care, supervision and consultation, and the advancement of clinical psychology across Virginia. He pursues these interests through direct clinical work, formal and informal supervision, professional presentations, and community and legislative outreach.

STEVEN F. WARANCH, PSY.D.

Dr. Waranch is a Clinical Psychologist and Certified Substance Abuse Counselor in Virginia Beach. He has worked in a variety of settings including 20 years providing treatment and testing in psychiatric hospitals. He currently practices in a private office providing psychotherapy and psychological assessment. Assessments use interview and tests to evaluate clinical differential diagnosis, fit for duty in industry and first responders, and court matters. Dr. Waranch heads a study group in psychoanalytic readings and provides clinical supervision.

GENERAL INFORMATION

Continuing Education Credits

This conference offers up to 11 CE credits approved by the American Psychological Association. Attendees must complete an evaluation form to receive credit for each course they attend.

Policies

Refund Policy: Before September 28, full refunds will be provided upon written request. After September 28, no refunds will be provided for any reason.

Special Dietary Needs: Any member with special dietary needs must contact the VACP office by September 28 so that we may accommodate your request.

ADA Compliance: Any member needed additional assistance in order to take part in the conference is asked to notify the VACP Office by September 28 with any necessary accommodations so that VACP may try to make any necessary arrangements.

Registration

VACP Member - \$295

Non-VACP Member - \$395

Early Bird Registration Deadline: September 11, 2026 - after this date, a \$25 late fee will apply.

Registration Deadline: September 25, 2026

Register Online: www.vapsych.org

Scan to register online:



MEMBERSHIP MEETING NOTICE

In accordance with the VACP Bylaws, the membership of VACP will gather on Friday, October 9, 2026, to conduct business on behalf of the organization and review [proposed bylaws changes](#). All members in good standing are invited to attend.

Contact

Email: vacpoffice@gmail.com | Phone: (804) 643-5614 | Website: www.vapsych.org

DONATE TO VIRGINIA PSYCHOLOGICAL PAC

To contribute to VACP's PAC, Virginia Psychology PAC, visit www.vapsych.org/donate or scan this QR Code:



2026 FALL CONFERENCE REGISTRATION

Register online or complete the registration form and submit with payment to:
VACP • P.O. Box 29069 • Henrico, VA 23242-0069 • VACPoffice@gmail.com

Name: _____		
Address: _____		
City: _____	State: _____	Zip: _____
Phone: _____	Cell: _____	Email: _____
Emergency Contact: _____		Phone: _____

Daily Registration Fees (Includes all CE and meals listed below. Must register for meals by September 11th. No exceptions.)

- ☐ \$295 VACP Member General Registration - Includes all CE, Friday and Saturday Breakfasts, Friday Lunch (VACP Members only) and Friday Reception / Networking Event
- ☐ \$175 VACP Member Registration - FRIDAY ONLY - Includes Friday CE, Breakfast and Lunch (VACP Members only)
- ☐ \$125 VACP Member Registration - SATURDAY ONLY - Includes Saturday CE and Breakfast
- ☐ \$395 Non-Member General Registration - Includes all CE, Friday and Saturday Breakfasts, and Friday Reception / Networking Event
- ☐ \$225 Non-Member Registration - FRIDAY ONLY - Includes Friday CE, Breakfast
- ☐ \$175 Non-Member Registration - SATURDAY ONLY - Includes Saturday CE and Breakfast
- ☐ \$25 Late Fee - Applies if registering after September 11, 2026.

Scan to register online:



The following events are included in your registration, please indicate which you will be attending:

- | | |
|---|--|
| ☐ Friday Breakfast | ☐ Saturday Breakfast |
| ☐ Friday CE Presentations | ☐ Saturday CE Presentations |
| ☐ Friday VACP Lunch and Business Meeting (VACP members only) | |
| ☐ Friday Evening Reception / Networking Event | |

Special Services to Comply with American Disabilities Act:

- ☐ Check if you need special services to fully participate. Attach a written description of needs so we may contact you. Please notify the VACP by September 11th.
- ☐ Food Allergies: _____

\$ _____ Total Registration Fees

- ☐ Pay by Check ☐ Pay by Credit Card (MasterCard/Visa/American Express)

Name on account (print): _____		Exp. Date: _____ / _____
Card Number: _____		Credit Card CVV code: _____
Billing Address: _____		
City: _____	State: _____	Zip: _____
Signature (required) _____		Authorized amount \$ _____

If registering by credit card, mail completed registration form to the VACP office:
P.O. Box 29069, Henrico VA 23242
or email it to VACPoffice@gmail.com

SAVE THE DATE: SPRING 2027 CONFERENCE



APRIL 15-17, 2027
KALAHARI RESORT | SPOTSYLVANIA, VA